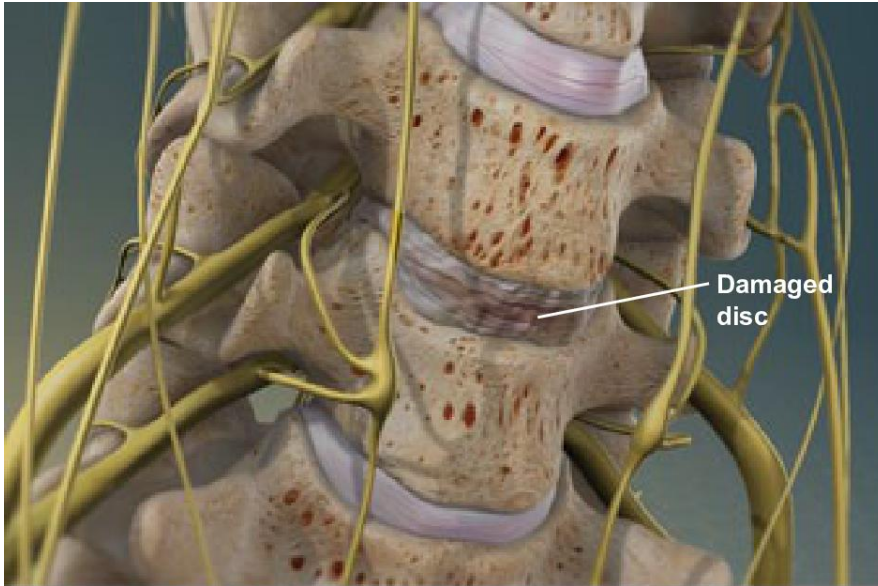




## Anterior Cervical Discectomy and Fusion (ACDF)



### Overview

This surgery removes a herniated or degenerative vertebral disc in your neck and replaces it with a bone graft. This can relieve painful pressure on spinal nerves.

### Preparation

In preparation for the procedure, you are positioned on your back. You are anesthetized. The surgeon creates a small incision in the front of your neck. The structures within your neck are gently moved aside to create a path to your spine. The surgeon carefully removes the damaged disc. This leaves a space between the vertebrae.

### Graft Inserted

The surgeon inserts a bone graft into this space. The graft fills the open space. It holds the vertebrae in the proper position. The surgeon may secure the graft with a metal plate and screws.

### End of Procedure

When the procedure is complete, the incision is closed. As your spine heals, new bone will grow. The graft will become permanently attached to the vertebrae. This is called a "fusion."

