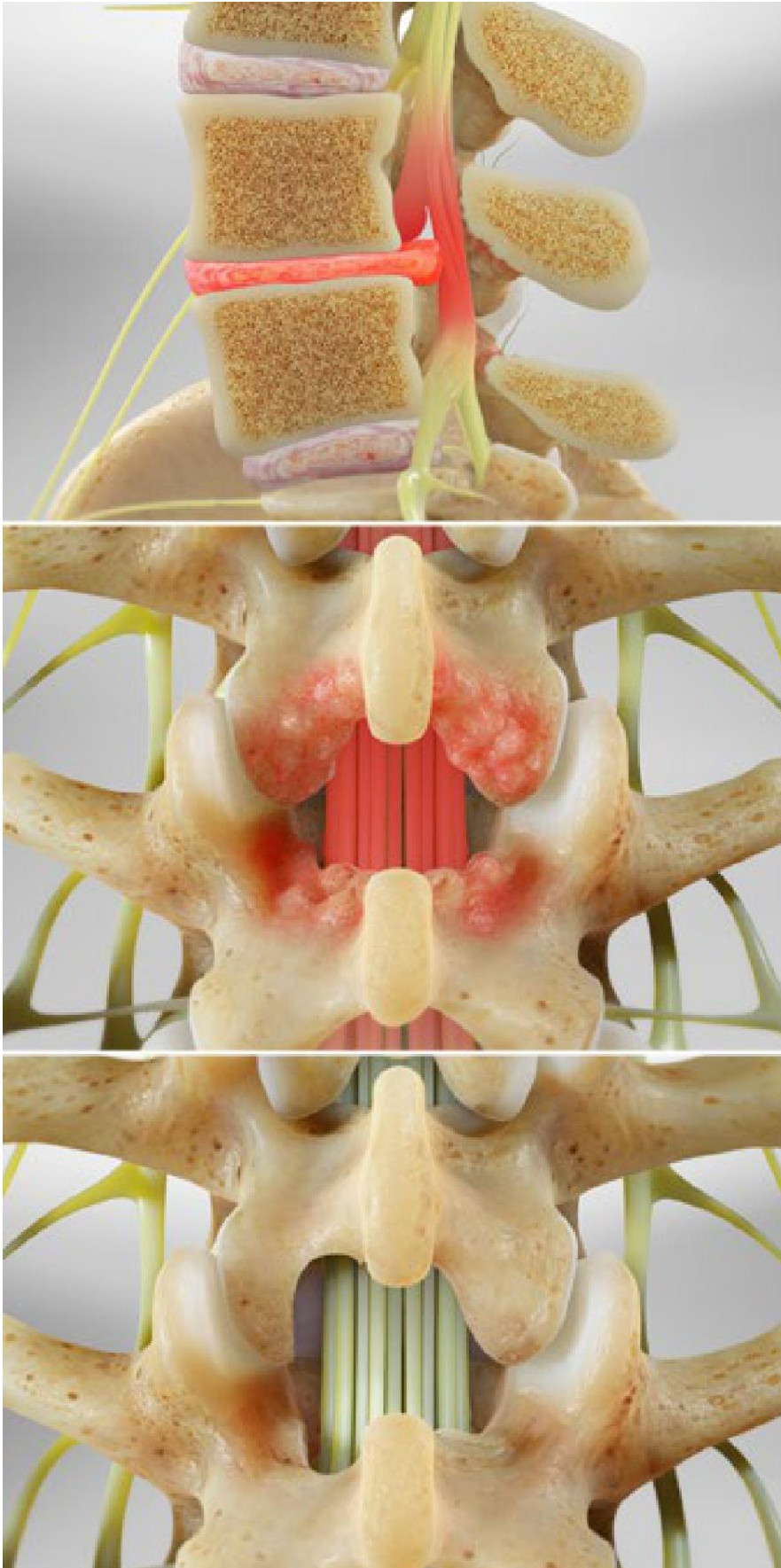




Laminotomy (of the Lumbar Spine)



Overview

This surgery creates more space around your spinal nerves. It gets rid of pressure and pinching. It can relieve pain, numbness and weakness linked to spinal nerve compression.

Preparation

To begin, you lie on a surgical table. You're given medicine to put you to sleep. An incision is made in your skin. The surgeon carefully makes a path through your tissues to reach your spine.

Procedure

Next, the surgeon removes part of the lamina. That's the bone forming the back of each vertebra. Sometimes more than one vertebra may need to be treated. If you have bone spurs or any other problems pressing against your nerves, the surgeon will clear these away.

End of procedure

When the procedure is finished, the opening in your skin is closed. You'll be watched closely as you wake up. Follow your surgeon's instructions for a safe recovery.